Activity
The Living Lab for Health carries out projects for health promotion and transformative change of the R&I system that are co-developed with different stakeholders. The Lab started its activities in 2012 within the biomedical research institute IrsiCaixa.

How does the Lab contribute to transform the R&I system?
The Living Lab for Health facilitates platforms or ecosystems for collective reflection, learning and co-creation around R&I in health where different stakeholders participate. These platforms co-develop Participatory R&I Agendas, undertake training courses to make R&I processes more open and inclusive and more in line with RRI and whenever possible, they also include processes of Community Based Participatory Research where interventions are carried out with and for communities in close collaboration with researchers and other stakeholders.

Methodology
The platforms are created with the willingness to become a community of research (instead of a community of practice), so the duration is unlimited. However, specific Community Based Participatory Research projects are run within a maximum of 4-6 months.

The training workshops are adapted to each context, but the optimum is a total of 8h training activities which combine a lecture with three participatory workshops to move from theory to practice.

Which stakeholders participate?
- Scientific community (researchers, masters’ students, PhDs, Postdocs, project managers, etc.)
- Education community (lecturers and students at different levels of HE and secondary education)
- Policy makers
- Business and industry
- Civil society organizations
- Citizens in general

Since 2014 an average of more than 1,000 scientists and innovators have been trained per year.

Conclusions
The main opportunity of promoting RRI is the creation of platforms with different stakeholders that help to tackle societal challenges at a complex level and with a more inclusive approach. This brings innovation into the process as well as legitimacy.

The Lab started with the collaboration of the Living Knowledge Network and the European Network of Living Labs (ENOLL). With the aim to make it more sustainable, it is now exploring how to build a more solid structure by collaborating with different stakeholders at local level.

Main content on RRI:
✓ Opportunities and obstacles to transform the R&I system
✓ Methods for Participatory R&I Agenda setting
✓ Methodologies for Participatory Research or Community Based Participatory Research
✓ Main lines of actions within the RRI policy agendas: ethics, science education, engagement, open access and gender

Main skills:
✓ Scientific methodology with co-creation and stakeholder engagement
✓ Critical thinking and assessment of R&I
✓ Collaborative deliberation, reflection and communication
✓ Anticipation of social impact and analysis of risks and consequences
✓ Responsiveness and adaptive change

Learning outcomes
The stakeholders engaged in our Platforms and workshops develop competences and skills to transform the R&I into more open and inclusive processes that are better adapted to the needs and expectations of the different stakeholders.

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www.irsicaixa.es/en/livinglabhealth
Living Lab for Health IrsiCaixa
rmalagrida@irsicaixa.es
IrsiCaixa Living Lab for Health
Promoting health with and for society

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